

Telomerase-Based Pharmacologic Enhancement of Antiviral Function of Human CD8⁺ T Lymphocytes¹

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Telomerase reverse transcribes telomere DNA onto the ends of linear chromosomes and retards cellular aging. In contrast to most normal somatic cells, which show little or no telomerase activity, immune cells up-regulate telomerase in concert with activation. Nevertheless, during aging and chronic HIV-1 infection, there are high proportions of dysfunctional CD8⁺ CTL with short telomeres, suggesting that telomerase is limiting. The present study shows that exposure of CD8⁺ T lymphocytes from HIV-infected human donors to a small molecule telomerase activator (TAT2) modestly retards telomere shortening, increases proliferative potential, and, importantly, enhances cytokine/chemokine production and antiviral activity. The enhanced antiviral effects were abrogated in the presence of a potent and specific telomerase inhibitor, suggesting that TAT2 acts primarily through telomerase activation. Our study is the first to use a pharmacological telomerase-based approach to enhance immune function, thus directly addressing the telomere loss immunopathologic facet of chronic viral infection. *The Journal of Immunology*, 2008, 181: 7400–7406.

Telomeres, the TTAGGG tandem repeats at chromosome ends, become progressively shorter in dividing somatic cells (1). Numerous studies have shown associations between leukocyte telomere shortening and risk of disease, suggesting that these cells may serve as biomarkers for the cumulative burden of inflammation, chronic immune activation, or oxidative stress. Indeed, hypertension and increased insulin resistance are associated with shorter leukocyte telomere length in the participants of the Framingham heart study (2), and telomere shortening in peripheral blood leukocytes chronicles ischemic heart disease risk in older people (3). Leukocyte telomere length also correlates with bone mineral density, and shorter telomeres are seen in women with osteoporosis (4). Finally, in both aging and chronic HIV-1 infection, there are increased proportions of CD8⁺ T lymphocytes with shortened telomeres, reduced proliferative capacity and altered effector function (5). Thus, strategies to retard or prevent telomere loss may lead to novel treatments for a variety of human pathologies.

T and B lymphocytes transiently up-regulate telomerase, the cellular reverse transcriptase that adds telomeric DNA to the ends of chromosomes (6–8). Such telomerase activity is believed to mitigate the losses of replicative capacity and function caused by chronic antigenic stimulation, oxidative stress, and cellular aging (9, 10). How-

ever, the ability of CD8⁺ T lymphocytes to up-regulate telomerase is lost after repeated encounters with Ag, and continued chronic stimulation ultimately leads to critically short telomeres and other changes associated with replicative senescence (10, 11).

We hypothesized that sustained telomerase activity in chronically activated CD8⁺ T lymphocytes might prevent or delay immune dysfunction associated with aging and/or chronic disease. In previous studies, we showed that gene transduction of CD8⁺ T lymphocytes from HIV-1-infected persons with the human telomerase catalytic component (hTERT)⁴ (12) leads to preservation of antiviral functions, telomere length stabilization, and augmented proliferative potential (13). Whereas gene therapy has a number of drawbacks, such as inability to control gene expression and the potential side-effects of gene transduction, these proof-of-principle studies suggest that telomerase activation by nongenetic strategies may be an effective approach for enhancing immune function in certain chronic diseases.

In an empirical screen of traditional Chinese medicine plant extracts and compounds with reported properties of health maintenance and enhancement of immune function, we identified TAT2 (cycloastragenol) based on its ability to up-regulate the low, basal level of telomerase in neonatal human keratinocytes (unpublished data). We sought to determine whether TAT2 could increase telomerase activity in cells of the immune system, which exhibit high levels of active telomerase after stimulation with mitogens, activatory Abs (10), or Ag (14). In this study, we demonstrate that TAT2 can transiently activate telomerase, slow telomere loss, increase replicative capacity, and, importantly, enhance immune function in CD8⁺ T lymphocytes from HIV-1-infected persons. These data suggest a possible novel immune-based strategy to complement current treatments, which are primarily directed at the virus. The potential benefit of telomerase enhancement is underscored by the recent clinical study showing that HIV-1-infected persons who are able to control the infection for long periods of

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⁴ Abbreviations used in this paper: hTERT, human telomerase catalytic component; TI, telomerase inhibitor; TRAP, telomeric repeat amplification protocol; HBG, human β globin.

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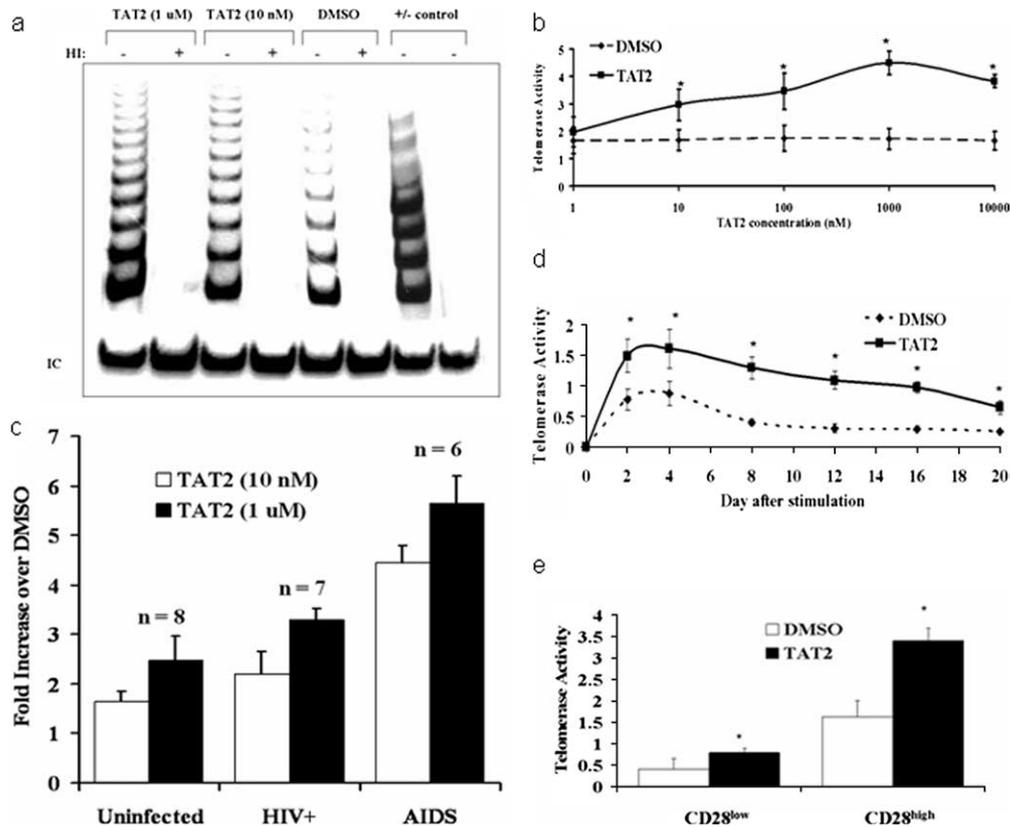


FIGURE 1. Telomerase activity in PBMC and T lymphocytes treated with TAT2. *a*, An 8% acrylamide gel showing TRAP products from PHA (12 μg/ml)-stimulated PBMC of an HIV+ donor. Cells were treated with TAT2 (1 μM) or DMSO (0.1%) every 48 h for 12 days, at which point cells were harvested for TRAP assay. Each lane shows an equivalent of 1×10^4 cells. HI, Heat inactivation; IC, internal control. *b*, Dose-response curve of PHA-stimulated PBMC from HIV-infected individuals ($n = 6$), showing mean (and SD) telomerase activity from cultures treated with TAT2 vs DMSO every 48 h for 12 days. *c*, Fold-increase over DMSO control of telomerase activity from PHA-stimulated PBMC treated with TAT2 (1 μM) for 7–12 days. Error bars indicate SD. *d*, Kinetics of telomerase activation of T lymphocytes stimulated with CD2/CD3/CD28 Ab-coated beads. Cells were treated with TAT2 (1 μM) or DMSO (0.1%) at multiple time points after stimulation (days 1, 3, 7, 11, 15, and 19) and harvested for TRAP assay 24 h after treatment. Each symbol represents a time point at which telomerase activity was evaluated ($n = 3$). *e*, Telomerase activity of separated CD28^{high} and CD28^{low} CD8⁺ T cells after treatment with TAT2 or DMSO ($n = 6$). CD8⁺ T cells were isolated, stimulated with CD2/CD3/CD28 Ab-coated beads, and treated with TAT2 or DMSO every 48 h. After 12 days, CD28^{high} and CD28^{low} cells were isolated from the treated CD8⁺ population by incubation with anti-CD28-magnetic microbeads and passage through a magnetic separation column, then tested for telomerase activity. Error bars indicate SD. * indicates p value <0.05.

(1 μM) or DMSO (0.1%) was added every 48–72 h to the CD8⁺ cells. After infection of the CD4⁺ cells, cocultures with the autologous CD8⁺ cells were established in round-bottom 96-well plates and incubated for 10 days with IL-2 (20–50 U/ml) supplemented complete RPMI 1640 containing either TAT2 (1 μM) or DMSO (0.1%), (in some cases along with a TI). On days 4, 7, and 10, half the media in each well was carefully removed for analysis and replaced with fresh media. Viral production was measured using a commercial p24 ELISA kit (PerkinElmer, Cat. No. NEK050). Since viral production varied dramatically between donors, viral inhibition in the experimental cultures are reported as a percent of that seen in the DMSO control cocultures for each donor: $(1 - (\text{mean p24 levels for experimental wells}) / (\text{mean p24 for control wells})) \times 100$.

Statistical analysis

Quantitative, matched pairs data were analyzed using a two-sided Student's paired t test to account for the correlation in the matched pairs. p values <0.05 were considered significant. From the data seen in Fig. 5*d*, longitudinal measurements were assessed using a mixed effects model to account for the correlation across time. Each subject's intercept was allowed to deviate randomly from the population mean. Results from the analysis were used to project time until half and full log decrease in viral production.

Results

Telomerase activity in PBMC and T lymphocytes is increased by TAT2 treatment

We evaluated the effect of short-term exposure to TAT2 on PHA-activated PBMC from 21 individual adult donors, including healthy

persons and HIV-infected individuals. In all cases, short-term exposure to TAT2 resulted in enhancement of telomerase activity. A representative TRAP gel for PBMC from an HIV-infected donor (Fig. 1*a*) illustrates the telomerase enhancement effect of TAT2, and a dose-response experiment shows that this enhancement effect is seen over a wide range of TAT2 concentrations (Fig. 1*b*). The TAT2 telomerase enhancement effect on PHA-activated PBMC from healthy adults was relatively modest, ranging from 1.5- to 2.5-fold (Fig. 1*c*), possibly due to the fact that PBMC from younger, healthy individuals already have high endogenous activation-induced telomerase levels. By contrast, the increased telomerase activity induced by TAT2 in PBMC from persons who were chronically infected with HIV-1 but asymptomatic, or from persons who had progressed to AIDS, was more dramatic, ranging from 2.5- to 7-fold (Fig. 1*c*). This observation was consistent with the previous demonstration of lower telomerase activity in PBMC from HIV-1-infected donors compared with age-matched seronegative controls (25). Indeed, the most dramatic telomerase enhancement by TAT2 was observed in the PBMC that had the lowest levels of endogenous telomerase activity, i.e., from chronically HIV-1-infected and AIDS donors. Similar telomerase enhancement was observed in purified T lymphocytes stimulated with CD2/CD3/CD28-coated beads, where TAT2 treatment not only increased telomerase activity, but prolonged the period poststimulation during which telomerase was active (Fig. 1*d*). We also observed that exposure to

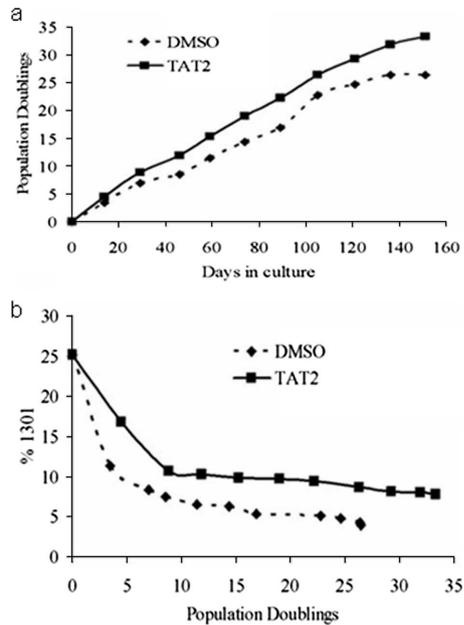


FIGURE 2. Effects of TAT2 on proliferative capacity and telomere length in T cells. *a*, Population doublings of CD8⁺ T cells from a representative HIV+ donor treated with either TAT2 (1 μ M) or DMSO (0.1%) every 48–96 h. Symbols indicate stimulation of cells with CD2/3/28 Ab-coated beads, done every 13–17 days. Immediately before addition of beads, cells were counted and total population doublings were calculated. *b*, Relative telomere length of CD8⁺ T cells from HIV+ donor treated with TAT2 or DMSO. Symbols indicate time points at which cells were harvested for telomere length assessment. Telomere length data are reported as % telomere length of the acute lymphoblastic T cell line, 1301.

TAT2 enhanced telomerase activity in both the CD28^{high} and CD28^{low} subsets (Fig. 1*e*). Loss of CD28 expression is associated with chronic antigenic stimulation, and cells that lack CD28 have shorter telomeres and reduced antiviral activity compared with those that still express the CD28 molecule (13, 26).

Prior studies on transduction of Ag-specific CD8⁺ T lymphocytes with hTERT, the catalytic component of human telomerase, suggested that the maintenance of telomerase activity is significantly correlated with both increased proliferative potential and telomere length stabilization (13). We therefore tested the effect of chronic exposure to TAT2 on the proliferation and telomere length of T lymphocytes. Preliminary short-term experiments showed that TAT2 treatment of Ab-stimulated purified CD4⁺ and CD8⁺ T lymphocytes from HIV-1-infected individuals resulted in a modest, but statistically significant, increase in the number of population doublings compared with control-treated cells even over a period of 7 days (data not shown). We therefore evaluated the effect of chronic TAT2 exposure in long-term (~5 mo) cultures of CD8⁺ T lymphocyte cultures from both uninfected ($n = 3$) and HIV-1-infected ($n = 2$) individuals. We observed that repeated exposure to TAT2 resulted in apparent retardation of telomere loss, especially during the first few weeks of culture, and an increased proliferative capacity (Fig. 2). Both control and TAT2 cultures were dependent upon IL-2 and stimulation for growth, with no evidence of immortalization. This is an important observation, as cell immortalization, as seen in some cases of hTERT transduction (27), could present a transformation risk.

TAT2 treatment activates the MAPK/ERK pathway in CD8⁺ T lymphocytes

To help elucidate the mechanism involved in the TAT2 effect, we focused on the MAPK/ERK and AKT pathways, based on pub-

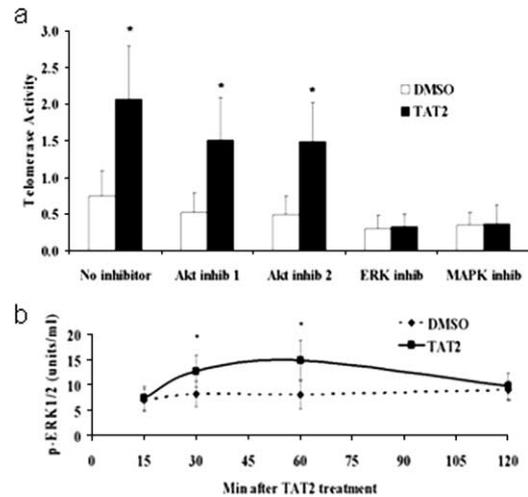


FIGURE 3. Mechanism of action of TAT2 in T cells. *a*, Effect of inhibiting cell signaling proteins AKT, ERK1/2, and MEK on telomerase activity in cells treated with TAT2 or DMSO ($n = 3$). T cells from HIV-infected individuals ($n = 3$) were stimulated with CD2/CD3/CD28 Ab-coated beads for 7 days, followed by a 2-h exposure to one of the pathway inhibitors, then a 24-h treatment with either TAT2 or DMSO, as described in detail in the *Materials and Methods* section. Telomerase activity was then determined by TRAP. *b*, Amount of phospho-ERK (p-ERK) in T cells treated with TAT2 or DMSO, as detected by ELISA. Twelve days after stimulation of T cells from HIV-infected donors ($n = 3$) with CD3/CD28 Ab-coated beads, TAT2 (1 μ M) or DMSO (0.1%) was added and cells were harvested at various times after this treatment (15, 30, 60, and 120 min.); the amount of p-ERK1/2 was determined using the ERK1/2 Phospho-Specific Elisa kit a-c, error bars indicate SD. * indicates p value <0.05.

lished studies on telomerase regulation (28, 29) and our own preliminary findings showing that exposure of human neonatal keratinocytes to 10 nM TAT2 for 16 h resulted in a 2.5-fold increase in RSK1, a downstream target of the MAPK pathway (data not shown). Pathway inhibitor experiments on T lymphocytes suggest that activation of telomerase by TAT2 may be mediated through the MAPK/ERK pathway and not the AKT pathway. AKT inhibitors had little effect on the ability of TAT2 to increase telomerase activity, whereas the MAPK and ERK inhibitors abolished the telomerase enhancement by TAT2 (Fig. 3*a*). These results were confirmed in an ELISA, where both forms of phosphorylated-ERK (p-ERK1/2) were increased in the TAT2-treated cells within 30 to 60 min (Fig. 3*b*). Consistent with findings in epidermal growth factor-treated fibroblasts, where ERK activation also results in increased hTERT transcription (30), our data suggest that TAT2 increased hTERT transcript levels in “resting” CD8⁺ T lymphocytes after 12–24 h of treatment, as measured by quantitative real-time PCR (Supplemental Fig. 1).⁵ We observed that the greatest TAT2-mediated enhancement of both telomerase activity and hTERT transcript occurs in cells that were no longer rapidly proliferating in response to antigenic or receptor-mediated stimulation.

TAT2 increases the antiviral functions of CD8⁺ T cells from HIV-1-infected donors

CD8⁺ T lymphocytes play a crucial role in controlling HIV-1 infection, both during the acute and chronic phases (31, 32), by killing infected cells and secreting antiviral cytokines that can suppress HIV-1 replication (33, 34). Transduction of hTERT into HIV-1-specific CD8⁺ T lymphocytes from infected persons has been shown to

⁵ The online version of this article contains supplemental material.

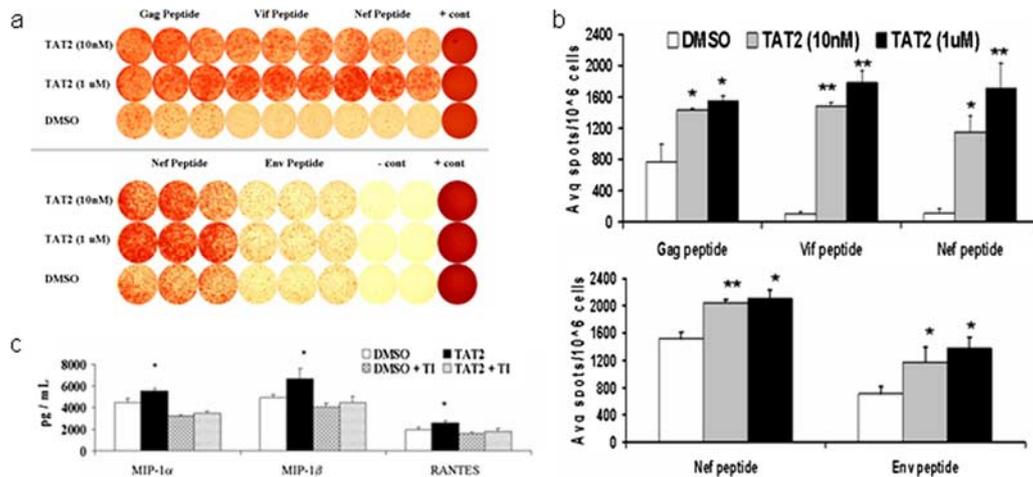


FIGURE 4. Production of IFN- γ and chemokines by TAT2-treated CD8⁺ T cells from HIV-1-infected donors. *a*, ELISPOT plate showing IFN- γ producing CD8⁺ T cells from two representative HIV⁺ donors. Purified CD8⁺ T cells, stimulated with Ab coated beads and IL-2 and treated with TAT2 or DMSO during a 14-day culture period, were added to ELISPOT plate that contained an various HIV-derived peptides, based on previous mapping (–cont: irrelevant HIV peptide, + cont: CD2/CD28). *b*, Graphical representation of the average number of IFN- γ -producing cells/10⁶ total CD8⁺ T cells in each well of the ELISPOT for the two donors shown in *a*. Error bars (SD) indicate variation in the triplicate wells in each plate. *c*, Amount of MIP1 α , MIP1 β , and RANTES produced by stimulated CD8⁺ T cells that were treated with TAT2 or DMSO ($n = 3$). CD8⁺ T cells were isolated and stimulated with CD2/CD3/CE28 Ab-coated beads and treated with TAT2 (1 μ M) or DMSO (0.1%). For each condition, one-half of the cells were also treated with the TI, GRN163L (3 μ M). After 48 h, supernatants were collected for ELISA. Error bars indicate SD. * indicates p value <0.05, ** indicates p value <0.01 for the comparison of responses in TAT2 vs DMSO treated cells.

enhance T cell antiviral effector functions (13). To determine whether the telomerase enhancement effect of TAT2 on T cells from HIV-infected persons was also associated with increased functional activities, we first evaluated its effect on HIV-1-specific release of IFN- γ . CD8⁺ T lymphocytes from HIV-infected persons who had been previously mapped for peptide reactivity were cultured with TAT2, and IFN- γ secretion in response to HIV-1 peptides was evaluated by

ELISPOT assays. For the two representative donors shown in Fig. 4*a*, TAT2-treatment caused a 1.5- to 17.5-fold increase in the number of IFN- γ -producing cells (Fig. 4*b*). Ag-specific release of the β -chemokines MIP-1 α , MIP-1 β , and RANTES, which have been shown to exert anti-HIV-1 activity against some strains in vitro (35), was also evaluated. Exposure to TAT2 significantly enhanced HIV-1-specific secretion of all three chemokines (Fig. 4*c*). Importantly, this increase

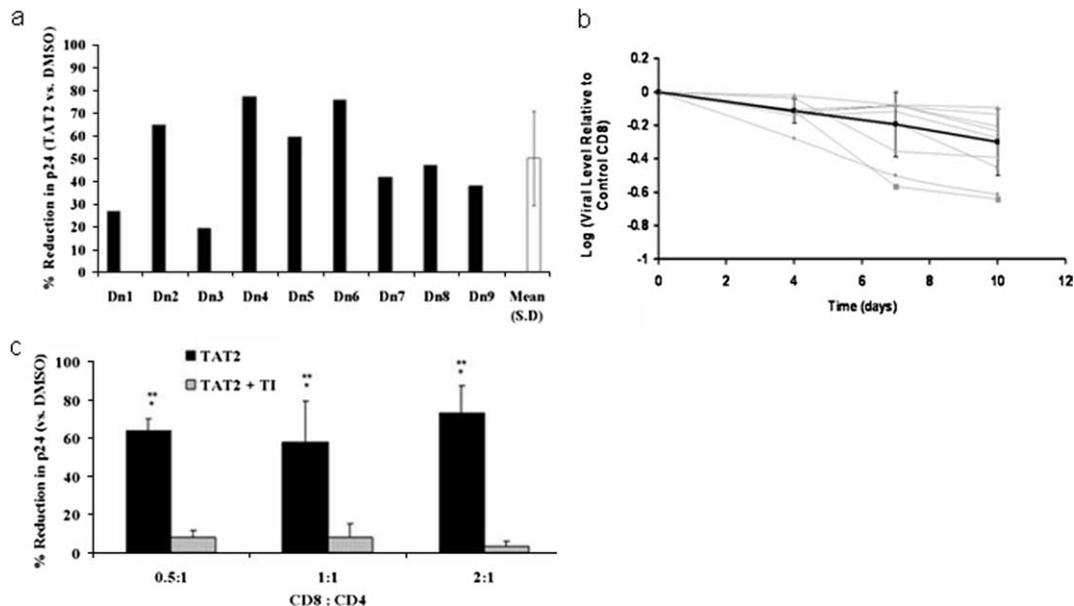


FIGURE 5. Inhibition of HIV viral production from infected CD4⁺ T cells by TAT2-treated CD8⁺ T cells from HIV-1-infected donors. *a*, Relative inhibition of viral production from infected CD4⁺ T cells by TAT2-treated CD8⁺ T cells from nine separate HIV⁺ donors after 10-day coculture. Values are given as percent reduction in p24 levels in coculture assay with TAT2-treated CD8⁺ T cells relative to DMSO-treated CD8⁺ T cells. Mean and SD are given. *b*, Longitudinal analysis of viral inhibition for the same nine donors as in *a* during coculture (gray lines show individual donors, black line shown average for the nine donors). Values are given as log reduction in p24 levels in coculture assay with TAT2-treated CD8⁺ T cells relative to DMSO-treated CD8⁺ T cells. *c*, Reduction in p24 values in coculture assay ($n = 3$) for TAT2-treated CD8⁺ T cells with and without TI, GRN163L (3 μ M). All values given are relative to p24 levels in DMSO-treated coculture. See *Materials and Methods* for formulas used for calculations. Using a mixed effects analysis, the slope of the line from the estimated equation for the decrease in viral production was significantly different from 0 ($\beta = -0.034$, $p < 0.0001$). Error bars indicate SD. * indicates p -value <0.05 for TAT2 vs DMSO treated cells. ** indicates p value ≤ 0.05 for TAT2 vs TAT2 plus TI.

was telomerase-dependent; addition of a telomerase-specific inhibitor (GRN163L, see *Materials and Methods*) at a concentration sufficient to inhibit over 90% of the telomerase activity in PBMCs abrogated the effect of TAT2 (Fig. 4c). Finally, treatment of CD8⁺ T lymphocytes with TAT2 resulted in a significant increase in their ability to suppress HIV-1 replication in autologous CD4⁺ T cells. Across multiple assays on cells from nine individual HIV-1-infected donors, TAT2 significantly enhanced the CD8⁺ T lymphocyte suppression of HIV-1 replication (Fig. 5, *a* and *b*). Macaque CD8⁺ T lymphocyte depletion studies demonstrate that CTL are perhaps the major determinant of viremia setpoint (36). Thus, even a 50% increase in virus suppression by TAT2-treated CD8⁺ T lymphocytes in a short-term 10-day assay would suggest compounded longer term effects leading to about a half log reduction in viral replication in 14.51 days, and a full log decrease in 29.23 days (See *Statistical Analysis*). Significantly, the TAT2-mediated enhancement of antiviral activity was nearly completely abrogated in the presence of the specific TI (Fig. 5c). Importantly, exposure of purified CD4⁺ T cells isolated from HIV-1-infected persons to TAT2 did not cause a significant change in the amount of HIV-1 produced by these cells (Supplemental Fig. 2).

Discussion

We have characterized the effects of a small molecule (TAT2), discovered in an empirical screen for telomerase activators, on the function of CD8⁺ T cells from HIV/AIDS donors. We have shown that TAT2 increases telomerase activity in PBMCs (and, specifically, T lymphocytes) from both healthy and HIV/AIDS donors ($n = 21$ total), with the relative increase in telomerase activity most prominent in cells from HIV-1-infected individuals (especially those with AIDS). Telomerase activation in CD8⁺ T cells from HIV/AIDS donors is associated with improvement in proliferative capacity and critical immune effector functions, including Ag-specific increase in the production of cytokines and chemokines, and significant reduction in viral replication in CD8/CD4 coculture experiments. Moreover, these antiviral activities of TAT2-treated cells appear dependent upon telomerase activation, since the effects are abrogated by cotreatment with a potent and specific TI.

Our initial investigations into the mechanism of action of TAT2 suggest that telomerase activation, which typically peaks 24–48 h after TAT2 treatment, is preceded by early activation of the MAPK/ERK pathway (within minutes of TAT2 exposure), followed by increased production (or reduced turnover) of hTERT transcripts (peaking around 12 h). Interestingly, the main nuclear effectors of the MAPK pathway include the ETS transcription factors (37), which are known to play a major role in the transcriptional regulation of telomerase activity (38). The MAPK pathway has also been implicated in posttranslational up-regulation of telomerase activity through phosphorylation of hTERT (14), but the effects of TAT2 on this pathway have not been investigated. Thus, although the direct binding partner of TAT2 is not known, our data suggest that TAT2 up-regulates telomerase activity via activation of the MAPK pathway and subsequent increase in hTERT mRNA and/or active phosphorylated forms of hTERT protein.

This investigation expands upon previous hTERT transfection experiments with CD8⁺ T lymphocytes. Maintenance of telomerase activity in these cells extended their proliferative life span without any discernible alterations in growth characteristics or phenotype (39). Parallel findings were also reported for pathogen-specific CD8⁺ T lymphocytes (40). Specifically, transfecting HIV-1-specific CD8⁺ T lymphocytes with hTERT increased a number of antiviral effects (13). Despite these *in vitro* observations, gene therapy may not be practical in translational studies due to significant safety concerns and the inability to control the level and

extent of telomerase activation throughout the body. By contrast, pharmacologic telomerase activators allow greater regulation of dosing and duration of effects. Moreover, in our *ex vivo* studies, TAT2-treated CD8⁺ T lymphocytes showed functional enhancement that was comparable to that using hTERT gene transduction. Ongoing work is characterizing the safety and pharmacological activities of TAT2 in animal models.

The ability to enhance telomerase activity and antiviral functions of CD8⁺ T lymphocytes suggests that this strategy could be useful in treating HIV disease as well as immunodeficiency and increased susceptibility to other viral infections associated with chronic diseases or aging (41–43). Indeed, short telomeres in white blood cells from elderly persons is correlated with a 7- to 8-fold increased risk of subsequent death from infection (20). Moreover, in HIV-1-infected individuals, shorter telomeres and reduced telomerase activity in virus-specific CD8⁺ T cells were features associated with more rapid disease progression (15). Arguably, any telomerase activator, despite its beneficial immune effects, might pose a risk of increased proliferation of tumor cells. However, in all *ex vivo* studies conducted to date, there was no evidence that TAT2 promoted loss of growth control or transformation. For example, TAT2 did not lead to any significant increase in the constitutive telomerase activity in the Jurkat T cell tumor line (Supplemental Fig. 3). Moreover, chronic exposure to TAT2 did not alter the rate of EBV transformation of normal B lymphocytes in cell culture (Supplemental Fig. 4), nor did it increase HIV-1 production in isolated infected CD4⁺ T lymphocytes from HIV-1-infected donors (Supplemental Fig. 2). In primary T cell cultures, TAT2 enhanced proliferative potential and retarded telomere loss, but the cells were nevertheless dependent on IL-2 and restimulation for growth. Moreover, after ~30 population doublings, a sharp decline in growth rate in the TAT2-treated cultures was noted, suggesting that the cells were approaching replicative senescence. We speculate that TAT2 might moderately extend the lifespan of “presenescent cells” with low telomerase activity through modest up-regulation of telomerase and extension of the shortest telomeres in individual cells. Importantly, we have observed that the telomerase up-regulation effects are short term and reversible; removal of TAT2 from cells returns telomerase levels to baseline within a few days without any effects on cell viability (Supplemental Fig. 5).

In sum, our studies indicate that telomerase activators, such as TAT2, may constitute a novel class of therapeutic agents which improve immune function at a fundamental, cellular aging level, thus complementing existing drugs for the treatment of HIV/AIDS and a variety of age-related diseases associated with immune deficiency. Indeed, the potential utility of TAT2 in treating HIV-1 infection is underscored by clinical studies documenting the association of high constitutive telomerase activity and longer telomeres in HIV-specific CD8⁺ T lymphocytes in individuals with greater control over the infection and slower disease progression (15).

Disclosures

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